



**Sew Much More**  
**2140 W St Paul Ave**  
**Waukesha 262-547-7774**

**Supply List for **Serging Leggings or Yoga Pants****

**Ann Mackowski**

**June 12 or September 25 – 10:30am – 2:30pm**



### Supplies for Class

- Candy Yoga Pants & Leggings from 5 out of 4 Patterns - <https://5outof4.com/https://5outof4.com/product/candy-yoga-pants-and-leggings/?ref=28132>
- Serger in good working order
- Large scissors or rotary cutter for cutting fabric – I like a 28mm rotary cutter for patterns
- Small scissors for thread
- Seam ripper
- Pins or clips (I prefer clips, sergers and pins can be a bad combination)
- We will have a cutting mat available, but if you have one you like, bringing it will be faster than everyone waiting for turns with the same one
- Some kind of marking implement – Frixion pen, tailors chalk, etc. – make sure you can see it on your fabric
- Wash Away Wonder tape ¼” – optional but recommended for pockets option and/or gussets
- 4 cones serger thread in color complementary to your project
- Fabric:
  - This pattern requires 4-way knit fabric with at least 50% stretch in BOTH directions.
  - Lycra blends such as polyester, cotton, and nylon will work well.
  - Lycra (also known as spandex) helps the fabric keep its shape. A fabric without Lycra will become baggier throughout the day.
  - If you are colorblocking, make sure your colorblock fabric is of similar weight and stretch as your main.
  - If you are making a non-elastic waistband, your waistband fabric should have excellent recovery to help secure it in place.
  - There is a chart on pages 4-6 of the pattern to calculate how much fabric you need

This is a PDF pattern that needs to be printed. **Please come to class with your pattern fully assembled and ready to go.** I will include some links at the end of this list on how to assemble your pattern or have it printed on large paper. If you are printing at home, please read the pattern tutorial information about printing before you print. It contains important information about what pages to print for your design choices, and most importantly how to make sure it prints at the correct scale. Be sure to print the first page and measure the square to be sure it is the correct size before printing all the pages.

This class is intended to work with a serger. You can use a sewing machine with a stretch stitch, but serger is preferred. Please test your machine before class to confirm that it is in good working order. We will be using the 4 thread overlock stitch.

If you choose to add pockets, you will use a sewing machine for part of the construction – we will provide a sewing machine in the classroom. Please bring a small spool of polyester thread in the color of your choice.

Notes on preparing for class:

Choose your size based on your measurements, not on the size you buy off the rack. If you are unfamiliar with measuring, this video can help: <https://www.youtube.com/watch?v=-pzunEHRIrk>

You can print your pattern at home and tape or glue it together: <https://youtu.be/WQIcHKwbfmE>

You can also have it professionally printed at PDF Plotting – see their tutorial on this page: <https://pdfplotting.com/>

I have had patterns printed locally by ARC printing. Be sure to request Architectural Prints and confirm pricing.

If you have any questions, do not hesitate to contact me. My email and cell phone number are at the top of this document.

## **Class Policies**

- Classes require a minimum of 4 students. If the minimum is not reached 2 weeks before class, it will be cancelled and students will receive a full refund.
- If you have registered for a class and must cancel, please contact us ASAP. You must cancel at least two (2) weeks in advance to receive a refund or credit. No credit for no-shows.
- In deference to those with sensitivities, we ask that you refrain from wearing perfume or other scented products
- We would appreciate it if you purchase your supplies at Sew Much More. We will be happy to assist you in gathering all the necessary materials – and give you a 15% discount!